

# BEAUTY CAPSULE KIT



Make-up artist and beauty expert, **Lauren Naylor** tells you how to apply your cosmetics like a pro. [@Lauren\\_patsy](#)

## (1) LUSCIOUS LASHES

'I love my favourite mascara, but dislike the waterproof version. A slick of this **NYX Proof it! Waterproof Mascara Top Coat** (£5.50 for 17g; boots.com) doesn't add much to your make-up bag, but transforms your favourite mascara to stay put without ruining its lash prowess.'

## (2) GOLDEN GIRL

'Save space with multi-tasking **Nuxe Huile Prodigieuse Multi-usage Dry Oil – Face, Body, Hair** (£19 for 50ml; marksandspencer.com). Sweep this shimmering oil over legs for a 'silk stocking effect', combine with moisturiser to brighten your complexion or dab onto cheekbones for a sunkissed glow. At least 95 per cent natural and containing vitamin E and sweet almond, it also helps to nourish sun-scorched skin.'

## (3) TWO IN ONE

'No one wants to wear heavy make-up on their hols, so brighten up your complexion with **Laura Mercier's Colour Dots Lip & Cheek Sheers** in Sangria (£24 for 4.5g; spacenk.com). This talc-free translucent chubby stick gives a subtle burst of colour perfect for cheeks and lips to enhance your summer glow.'

## (4) NAILED IT!

'For no-chip holiday nails, you need a gel-like formula such as **Essie Nail Gel Couture** (£9.99; Superdrug). Simply paint on two layers of your favourite hue – "Sit Me in the Front Row" is the ultimate holiday bright – then follow with a luxurious top coat of **Essie Nail Polish Gel Setter Top Coat** (£9.99; Superdrug) which features shatter-proof technology.'

## (5) BARE NECESSITIES

'Leave your foundation at home, as you won't want to wear it in the heat anyway. **Dermalogica's Sheer Tint SPF 20** (£34.80 for 40ml; dermalogica.co.uk) is a multi-tasking, oil-free beauty balm that moisturises, protects and promotes a radiant complexion. It will give you a sheer wash of colour for those first few

days in the sun and uses hyaluronic acid to hydrate your skin.'

## (6) MANE ATTRACTION

'**Ultrasun's Sun Protection Daily UV Hair Protector** (£18 for 150ml, qvcuk.com) is a holiday hair must-have. It helps protect the colour and condition of your hair from UV rays, chlorine and salt water, plus it returns elasticity and moisture and detangles the most sun-stressed locks.'

## (7) WATER BABY

'Micellar water makes removing waterproof formulas, grime, oils and thick, gloopy sun cream effortless. The tiny balls of cleansing oil molecules in soft water melt away products and are gentler on your skin than facial wipes. **Nivea's 3 in 1 Sensitive Micellar Water** (£3.99 for 200ml; Boots) deeply cleanses without stripping skin.'



**TOP TIP**  
Use see-through ziplock bags to separate everything from phone chargers and headphones to keys and medications, so the bottom of your bag doesn't become a tangled clutter.